

NWRPA Friday Seminars

Three Words in Therapy

Friday 14 July 2017

6.30pm-8.30pm, free to members, £7.50 to non-members

1. Storytelling

Maria Correia

Maria is an Integrative Transactional Analysis Psychotherapist in Training. She will differentiate between the 'language of Imagery' and the 'language of thinking,' and consider the place of storytelling for clients who struggle to articulate themselves. Maria will include a brief experiential exercise.

2. Abstinence

Paul Melia

A reading of Freud's principle of abstinence - given in his 'Observations on Transference-Love' (1915) - illustrated with references to complaints received by BACP under its Professional Conduct Procedure of therapists seeking to satisfy desires for intimacy. A copy of Freud's essay is available to read online here <http://tinyurl.com/ybp8xj7p>

Paul Melia is psychotherapist at Therapy in Manchester (therapyinmanchester.co.uk)

3. Boundaries

Frank Kelley

Boundaries provide structure and containment for both client and counsellor in therapeutic work. In this talk Frank will be more concerned with the way in which boundaries help make visible a client's central conflicts. In doing so he will consider both the importance of keeping to boundaries and the judicious use of flexibility with these boundaries. This will be illustrated with clinical vignettes from the writings of Patrick Casement and Donald Winnicott and his own therapeutic work.

Frank Kelley is retired and was a psychodynamic counsellor in the NHS.

NB The NWRPA will have a summer break.

We do not meet in August and our next seminar is on Friday the 8 September 2017

Venue:

**The Manchester Institute for Psychotherapy
454 Barlow Moor Road
Chorlton
Manchester M21 0BQ**

A map of our venue and more information about the Association is available on our website at: www.nwrpa.org.uk

Be a presenter for Three Word in Therapy

We hope you enjoy our July 3 Words.

We are always looking for speakers for our popular and regular series. Our most memorable *Words* come from our members and regular seminar attenders.

If you want to share your thoughts in this way please talk to Paul Melia or Frank Kelley at one of our meetings. Alternatively you can [Email nwrpa2010@ntlworld.com](mailto:nwrpa2010@ntlworld.com) or phone 0161 432 8653

You can speak for around fifteen minutes on any subject of your choice that will be of interest to other counsellors, psychotherapists and trainees.

Compassionate Mind Focused Therapy

Katherine Skaife

Friday 9 June 2017

Kath Skaife is an experienced clinical psychologist and works in the NHS mental health services in Bolton. She has absorbed both psychodynamic and compassionate mind approaches into her therapeutic work. She is also the chair of our NWRPA Friday seminars.

This approach to therapy fosters wellbeing through the understanding and application of compassion. We are able to be compassionate to others, be open to compassion from others, and are compassionate to ourselves.

Kath gave a well received talk to an appreciative audience.

I had intended to include a summary of this seminar in this newsletter. Unfortunately Kath and I were not able to arrange to do this in time for this June newsletter.

Could you, compassionately, bear with us and we hope to bring this to you, as well as a report of the 3 *Words in Therapy*, in a bumper edition of the newsletter in July 2017.



NWRPA Autumn Seminars

Paul Melia has worked hard to bring us a fascinating series of Seminars from September and into 2018. We will let you know more about these seminars in our next newsletter.

CPD certificates

If you would like a CPD certificate for the NWRPA seminars you attend please email Frank Kelley at nwrpa2010@ntlworld.com

Contact the Association:

Frank Kelley

Secretary NWRPA

159 Garners Lane

Stockport

SK3 8QW

(NB this is a mailing address only)

Phone: 0161 432 8653

Email: nwrpa2010@ntlworld.com

Website: www.nwrpa.org.uk